

# WINGATE RESIDENCES

AT HAVERHILL



Our executive chefs believe dining should be an expression of their culinary passion. Here is an example of a menu our residents can expect for dinnertime.

## ♥ *Aqua* Heart Healthy Selection



### *Starters*

- Lobster Bisque
- ♥ Strawberry Salad



### *Sides*

- Mashed Potatoes
- ♥ Fresh Broccolini
- ♥ Egg Noodles
- ♥ Cauliflower Florets



### *Dinner Entrées*

- ♥ **Potato Crusted Haddock**  
Tartar Sauce
- Skillet Swiss Steak**  
Braised with Tomatoes, Onions,  
Peppers and Garlic
- Chicken Scallopini “Marsala”**  
Marsala Wine Mushroom Sauce



### *Always Available*

- ♥ Char Grilled Chicken Breast
- ♥ Canadian Salmon
- ♥ Green Peas
- Angus Beef Burger
- Scrambled Eggs